

Übersicht Gesundheitsmodule 2020

Subject Movement:

- Back Check
- IPN Neck-Check®
- EMG Muscle Tone Measurement
- Spine Screening
- Flexibility-Check (Office)
- Flexibility-Check (Basic)
- Crosstrainer Endurance Test
- Ergometer Endurance Test
- Breathing Power Check
- Digital Personal Trainer (Pixformance Training)

Subject Stressmanagement:

- Cardio Stress Test
- IPN Stress Scale®
- Stress Type Determination
- Relaxation Coaching
- EMG Muscle Tone Measurement
- Pupillographie Sleep Analysis
- IPN Sleep Radar®

Subject Nutrition/Metabolism:

- Infra-red Body Analysis
- Nutrition Check

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